

# Sixth Sunday after Trinity

## INTROIT

*Ps. 28:1-2, 7; antiphon: Ps. 28:8-9*



The Lord is the strength of his | people;\*  
he is the saving refuge of his a- | nointed.  
Save your people and bless your | heritage!\*

Be their shepherd and carry them for- | ever.  
To you, O Lord, I call; my rock, be not | deaf to me,\*  
lest, if you be silent to me, I become like those who go down | to the pit.  
Hear the voice of my pleas for mercy, when I cry to | you for help,\*  
when I lift up my hands toward your most holy sanctu- | ary.  
The Lord is my strength and my shield; in him my heart trusts, and | I am helped;\*  
my heart exults, and with my song I give | thanks to him.

**Glory be to the Father and | to the Son\***  
**and to the Holy | Spirit;**  
**as it was in the be- | ginning,\***  
**is now, and will be forever. | Amen.**

The Lord is the strength of his | people;\*  
he is the saving refuge of his a- | nointed.  
Save your people and bless your | heritage!\*

Be their shepherd and carry them for- | ever.

## COLLECT OF THE DAY

Lord of all power and might, author and giver of all good things, graft into our hearts the love of Your name, increase in us true religion, nourish us with all goodness, and of Your great mercy keep us in the same; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.

## The Old Testament Reading

*Exodus 20:1-17*

<sup>1</sup>And God spoke all these words, saying,  
<sup>2</sup>“I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery.  
<sup>3</sup>“You shall have no other gods before me.  
<sup>4</sup>“You shall not make for yourself a carved image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth. <sup>5</sup>You shall not bow down to them or serve them, for I the Lord your God am a jealous God, visiting the iniquity of the fathers on the children to the third and the fourth generation of those who hate me, <sup>6</sup>but showing steadfast love to thousands of those who love me and keep my commandments.  
<sup>7</sup>“You shall not take the name of the Lord your God in vain, for the Lord will not hold him guiltless who takes his name in vain.  
<sup>8</sup>“Remember the Sabbath day, to keep it holy. <sup>9</sup>Six days you shall labor, and do all your work, <sup>10</sup>but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your

livestock, or the sojourner who is within your gates. <sup>11</sup>For in six days the Lord made heaven and earth, the sea, and all that is in them, and rested the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

<sup>12</sup>“Honor your father and your mother, that your days may be long in the land that the Lord your God is giving you.

<sup>13</sup>“You shall not murder.

<sup>14</sup>“You shall not commit adultery.

<sup>15</sup>“You shall not steal.

<sup>16</sup>“You shall not bear false witness against your neighbor.

<sup>17</sup>“You shall not covet your neighbor’s house; you shall not covet your neighbor’s wife, or his male servant, or his female servant, or his ox, or his donkey, or anything that is your neighbor’s.”

## GRADUAL

*Ps. 90:13, 1, 2b*

Return, O Lord! | How long?\*

Have pity on your | servants!

Lord, you have been our dwelling place in all gener- | ations.\*

From everlasting to everlasting | you are God.

## The Epistle

*Romans 6:1-11*

<sup>1</sup>What shall we say then? Are we to continue in sin that grace may abound? <sup>2</sup>By no means! How can we who died to sin still live in it? <sup>3</sup>Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? <sup>4</sup>We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.

<sup>5</sup>For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his. <sup>6</sup>We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin. <sup>7</sup>For one who has died has been set free from sin. <sup>8</sup>Now if we have died with Christ, we believe that we will also live with him. <sup>9</sup>We know that Christ being raised from the dead will never die again; death no longer has dominion over him. <sup>10</sup>For the death he died he died to sin, once for all, but the life he lives he lives to God. <sup>11</sup>So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

## The Holy Gospel

*Matthew 5:17-26*

<sup>17</sup>[Jesus said:] “Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them. <sup>18</sup>For truly, I say to you, until heaven and earth pass away, not an iota, not a dot, will pass from the Law until all is accomplished. <sup>19</sup>Therefore whoever relaxes one of the least of these commandments and teaches others to do the same will be called least in the kingdom of heaven, but whoever does them and teaches them will be called great in the kingdom of heaven. <sup>20</sup>“For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

<sup>21</sup>“You have heard that it was said to those of old, ‘You shall not murder; and whoever murders will be liable to judgment.’ <sup>22</sup>But I say to you that everyone who is angry with his brother will be liable to judgment; whoever insults his brother will be liable to the council; and whoever says, ‘You fool!’ will be liable to the hell of fire. <sup>23</sup>So if you are offering your gift at the altar and there remember that your brother has something against you, <sup>24</sup>leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift. <sup>25</sup>Come to terms quickly with your accuser while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison. <sup>26</sup>Truly, I say to you, you will never get out until you have paid the last penny.”